



SRI SAIBABA TEMPLE SOCIETY OF OHIO

2596 Lewis Center Rd, Lewis Center, OH 43035. Tel: 614-799-8411 www.srisaimandir.org (Tax Id 02-0541659)

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|| SHRADDHA ||



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|| SABURI ||

Sri Vaidika Maha Rudram

Monday, 23rd April 2018 to Sunday, 29th April 2018

Deeksha during Sri Vaidika Maha Rudra Yagnam

Those wishing to take part of the Sri Vaidika Maha Rudram (recitation) team must follow the religious guidelines set for Deeksha. Implementing the guidelines listed below will enhance the sanctity during the Yagnam. The Temple strongly urges each member of the reciting team to strictly adhere to these guidelines from **Monday, 23rd April 2018 to Sunday, 29th April 2018**.

1. Must perform a minimum of 1008 times of Gaytari Japam mentioned below within the week before the commencement of Sri Vaidika Maha Rudram and also during deeksha between **Monday, 23rd April 2018 to Sunday, 29th April 2018**.

"సర్వ చైతన్య రూపాం తాం ఆద్యాం విద్యాం చ ధీమహి బుద్ధిం యానః ప్రచోదయాత్"
"sarva chaitanya roopAm ThAm AdYAm vidyAncha DHImahi
budhim YAnah prachodaYAt"

"सर्व चैतन्य रूपां तां आद्यां विद्यां च धीमहि बुद्धिं यानः प्रचोदयात् | "

2. Must NOT eat any food from restaurants. Consume only vegetarian home made Saatvika food without onion, garlic, etc.
3. Must NOT consume alcohol, tobacco, or other controlled substances during this time.
4. Must maintain Bramhacharya during deeksha period.

5. Must NOT sleep on bed/mattress
6. Follow your family traditions and guidelines (appropriate to your age) prescribed to cleanse oneself
7. Deeksha can be taken any number of days. Once you took deeskha, do not cross limits of town. If you are not able to stay in town for all those days, please take deeksha only days you can stay in town.
8. Must attend 23rd April morning to take complete Deeskha.

For further questions, please contact Temple Priests.